

- SUMMER 2024 LUNCH MENU -

Served Monday to Saturday 12pm-2:30pm

- NIBBLES -

- (v) **Marinated Kalamata & Green Olives** | rosemary | garlic | extra virgin olive oil 5.0
(v) **Spiced Mixed Nuts** (n) 3.5

- STARTERS -

- Summer Pea Espuma** (d, e) 9.0
fermented radish | peas | poached hen's egg | crispy Monmouthshire air dried ham
(v) **Homemade Paneer Cheese** (d, n, su) 8.7
heirloom tomatoes | tomato chutney | spiced hazelnuts
Seared Scallop (cr, d, su) 11.0
slow cooked belly pork | aubergine purée | smoked yoghurt curd
Citrus Cured Sewin (f, g) 9.4
avocado | pineapple | caviar | rosemary crouton

- MAIN COURSES -

- (v) **Miso Mushroom & Halloumi Burger** (d, g, e, s, su) 19.5
red onion | lettuce | sweet chilli mayo | seasoned fries
Classic Chicken Caesar Salad (d, e, f) 18.0
anchovies | romaine lettuce | croutons | aged parmesan
Spiced Lamb Burger (d, g, e, su) 18.5
raita | mango chutney | red onion | lettuce | seasoned fries
Fish & Chips (f, d, e, g) 18.5
ale battered fillet of haddock | crushed peas | chunky chips | house tartar sauce | charred lemon
Pan Fried Fillet of Sea Bass (f, d, m, e, su) 24.5
peas | broad beans | runner beans | diced potato | warm tartar sauce
(v) **Herb Gnocchi** (d, g, e) 21.1
roasted aubergine | summer courgette | tomato | vegetarian parmesan
Rump of Welsh Beef (d, su, g) 26.0
bone marrow crumb | carrot purée | slow roasted carrot | fondant potato | cavolo nero | cider pickled apple

- CIABATTAS or BAGELS -

- 7oz* Welsh Rump Steak** | sautéed mushrooms | onion marmalade | dressed salad | fries (g, d, su) 18.0
(v) **Grilled Aubergine & Goat's Cheese** | roasted peppers | pesto | seasoned fries (g, d, f) 12.5
Battered Haddock Fish Finger | crushed peas | tartar sauce | seasoned fries (g, d, e, f) 13.5
Sticky Soy Belly Pork | fermented radish | pak choi | chilli & sesame dressing | seasoned fries (g, d, su) 14.0

- A BIT ON THE SIDE -

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| Chunky Chips Skinny Fries | 4.5 | Caesar Dirty Fries (d) | 5.5 | | |
| Cavolo Nero (d, g) | 4.5 | Grilled Courgette pak choi & sesame dressing (se) | 4.5 | | |
| Peas, Beans & Baby Fennel (d) | 5.0 | Dressed Leaf Salad | 4.5 | | |
| Homemade Garlic Bread (d, g) | 5.5 | <i>with welsh cheddar</i> | 6.5 | <i>with welsh cheddar & mushrooms</i> | 7.5 |

* approximate uncooked weight

Allergen Key:

d-dairy; (g)-gluten/lupin; (s)-soya; (v)-vinegar; (c)-celery; (f)-fish; (cr)-crustacean/mollusc; (se)-sesame; (n)-peanut/nut/seed; (su)-sulphite; (e)-egg; (m)-mustard

Ingredient key is advisory only if you or any of your party suffer from any form of food allergies please inform us before placing your order & we will do our best to accommodate your requirements where possible.